

INTERNATIONAL CAMP SUISSE – SAMPLE SUMMER CAMP PROGRAMME 2024 - SENIORS



PLEASE NOTE: THE EXACT ORDER OF DAYS MAY VARY DUE TO FLUCTUATING GROUP SIZES ON ANY GIVEN SESSION.

SAMPLE WEEK ONE - SENIORS



	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 Breakfast				Early breakfast			
09:00 - 12:30 Morning activities	Arrivals Day	Parc Aventure	Language lessons	Glacier excursion	Language lessons	Stand-up paddle boarding & banana boating at Lake Geneva	Language lessons
12:30		Packed lunch	Lunch at Camp Suisse	Lunch on top of the world	Lunch at Camp Suisse	Packed lunch	Lunch at Camp Suisse
13:15	Games & camp orientation	Language assessment & sports	Free time	Aigle pool	Free time	Stand-up paddle boarding & banana boating at Lake Geneva	Art jamming
14:00 - 17:30 Afternoon activities			Bush craft		Archery		
17:30	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Shower & free time
18:30	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at cookie café	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse
19:30 Evening Activities	Get to know your Group Leader games	Quiz night extravaganza	Hike	Movie night & hot chocolate	Sports	Karaoke	Murder Mystery night



SAMPLE WEEK TWO - SENIORS



	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 Breakfast						Camping breakfast	
09:00 - 12:30 Morning activities	Camp Suisse Olympics	Cailler chocolate factory	Language lessons	Rafting	Language lessons	Aqua Splash	Language lessons
12:30	Lunch at Camp Suisse	Picnic in Gruyère	Lunch at Camp Suisse	Packed lunch	Lunch at Camp Suisse	Packed lunch	Lunch at Camp Suisse
13:15	Free time	Gruyère medieval town & castle	Free time	Monthey pool	Mountain hike to camping destination	Aqua Splash	Champéry climbing & swimming
14:00 - 17:30 Afternoon activities	Camp Suisse Olympics		Mountain biking				
17:30	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Camp setup & free time	Shower & free time	Shower & free time
18:30	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	BBQ dinner	Dinner at Camp Suisse	Prom dinner
19:30 Evening Activities	Town quiz	Casino night	Human foosball	Expedition preparation	Camp fire & games	Language class talent show	Prom night

