

INTERNATIONAL CAMP SUISSE – SAMPLE SUMMER CAMP PROGRAMME 2023 – JUNIORS



SAMPLE WEEK ONE - JUNIORS



	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 Breakfast					Early breakfast		
09:00 - 12:30 Morning activities	Arrivals Day	Language assessment & introductory language lesson	Adventure Labyrinth maze	Language lessons	Glacier excursion	Language lessons	Stand-up paddle boarding & banana boating at Lake Geneva
12:30		Lunch at Camp Suisse	Packed lunch	Lunch at Camp Suisse	Lunch on top of the world	Lunch at Camp Suisse	Packed lunch
13:15	Games & camp orientation	Free time	Adventure Labyrinth maze	Free time	Glacier excursion	Free time	Stand-up paddle boarding & banana boating at Lake Geneva
14:00 - 17:30 Afternoon activities		Archery		Mountain biking		Climbing wall & swimming	
17:30	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Shower & free time	Shower & free time
18:30	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse
19:30 Evening Activities	Get to know your Group Leader games	Quiz night extravaganza	Board game evening	Sports	Movie night & hot chocolate	Karaoke	Murder Mystery night



SAMPLE WEEK TWO - JUNIORS



	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 Breakfast					Camping breakfast		
09:00 - 12:30 Morning activities	Camp Suisse Olympics	Language lessons	Cailler chocolate factory	Language lessons	Rafting	Language lessons	Aqua Splash
12:30	Lunch at Camp Suisse	Lunch at Camp Suisse	Picnic in Gruyère	Packed lunch	Packed lunch	Lunch at Camp Suisse	Packed lunch
13:15	Free time	Free time	Gruyère medieval town & castle	Mountain hike to camping destination	Monthey pool	Free time	Aqua Splash
14:00 - 17:30 Afternoon activities	Camp Suisse Olympics	Bushcraft				Art jamming	
17:30	Shower & free time	Shower & free time	Shower & free time	Camp setup & free time	Shower & free time	Shower & free time	Shower & free time
18:30	Dinner at Camp Suisse	Dinner at Camp Suisse	Dinner at Camp Suisse	BBQ dinner at camp	Dinner at Camp Suisse	Dinner at Camp Suisse	Prom dinner
19:30 Evening Activities	Town quiz	Casino night	Human foosball	Camp fire & games	3-minute movie making	Language class talent show	Prom night

